

UCR TRACK & FIELD

All-Time Men's Outdoor Top Performance List

100	10.26	Pete Hargraves	1993
200	21.52	Ron Young	1990
400	46.76	Terrell Williams	1981
800	1:48.82	Frank Assumma	1982
1,500	3:40.96	Frank Assumma	1981
5,000	13:49.0	Steve Alvarez	1981
Mile	3:56.34	Frank Assumma	1982
10,000	28:58.58	Steve Alvarez	1981
Steeplechase	8:59.45	Brian Parks	1981
110 Hurdles	14.00	George Garcia	1999
400 Hurdles	51.93	Chris Alexander	1994
4x100 Relay	40.62	Gary Ewell, Kenny Simons, Edgar Orange, Everett Forrest	1979
4X200 Relay	1:27.04	Jonthan Moore, Antoine Murry, Greg Lemon, Andrew Jacobson	3/17/2007
4x400 Relay	3:13.62	Marcus Marbrey, Greg Lemon, Aaron Eckels, Andrew Jacobson	4/20/08
4x800m Relay	7:34.19	Nemo Simmons, Pedro Ramos, Raul Lara, Ed Giles	4/27/07
Sprint Medley	3:26.26	Antoine Murray, Marcus Marbery, Andrew Jacobson, Nemo Simmons	3/15/08
Distance Medley	9:44.00	Chuck Assumma, D. Daniels, Steve Alvarez, Frank Assumma	4/15/1981
High Jump	7' 2.25"	Jeff Midgett	2002
Long Jump	25' 4.25"	Don Barfield	1972
Triple Jump	50' 10"	Staton Gibson	5/15/05
Pole Vault	15' 6.0"	Alan Geduld	1981
Shot Put	54' 4"	Derek Kurkowski	2000
Discus	172'	Craig Wood	4/23/05
Javelin	221' 5"	Ralph Howe	1980
Hammer	191'8"	Craig Wood	4/14/07
Decathlon	7300	Milton Scott	1982

UCR TRACK & FIELD

All-Time Women's Outdoor Top Performance List

100	11.88	Zikarra Beverly	5/14/04
200	24.24	Whitney Leachman	4/26/08
400	54.74	Aqueelah Tillman	5/14/05
800	2:04.22	Brenda Martinez	6/3/07
1,500	4:19.53	Brenda Martinez	4/20/08
5,000	16:27.51	Brenda Martinez	3/8/08
10,000	37:19.36	Brenna Bauer	4/17/08
Steeplechase	10:28.45	Cristina Olivas	3/22/08
100 Hurdles	14.36	Mary Timm	4/11/03
400 Hurdles	60.12	Uchechi Egeonuigwe	3/8/08
4x100 Relay	45.70	Zikarra Beverly, Angela Lindsey, Aqueelah Tillman, Terri Tionsen	5/17/03
4X200 Relay	1:41.39	Whitney Leachman, Molly Russell, Treana Hundley, Marina Young	3/17/08
4x400 Relay	3:40.53	Ashley Williams, Whitney Leachman, Tajma Stephenson, Uchechi Egeonuigwe	5/13/06
4x800 Relay	8:43.94	Aqueelah Tillman, Lisa Lopez, Melissa Stoll, Tajma Stephenson	4/29/05
Sprint Medley	3:58.76	Molly Russell, Jacquelyn Lewis Treana Hundley, Danielle Evans	4/26/08
Distance Medley	11:15.28	Lisa Lopez, Ashley Williams, Tajma Stephenson, Brenda Martinez	4/28/07
High Jump	5' 8"	Jennifer Berman	1999
Long Jump	5.96m/19' 6.75"	Jacquelyn Lewis	3/22/08
Triple Jump	12.45m/40' 10.25"	Alison Wilder	3/22/08
Shot Put	51' 10"	Evangela Dixon	3/5/05
Discus	167' 3"	Syreeta Waller	4/19/03
Javelin	140' 11"	Kristin Thompson	4/5/03
Hammer	189' 11"	Syreeta Waller	5/14/04
Heptathlon	4643	Julie Ortman	3/26-27/83

UCR TRACK & FIELD

All-Time Men's Indoor Top Performance List

55	6.28	Pete Hargraves	2/2/94
60	6.97	Dane Endly	1/31/04
200	21.97	Dane Endly	2/14/04
400	49.26	Andrew Jacobson	2/16/08
800	1:52.26	Nemo Simmons	2/16/08
Mile	3:57.60	Frank Assumma	2/26/82
3000	7:51.1	Frank Assumma	2/19/82
5000	14:05.0	Frank Assumma	3/10/82
60 Hurdles	8.52	Jason Bolden-Anderson	1/31/04
4 x 400	3:18.80	AJ Jacobson, Marcus Marbery, Nemo Simmons, Ed Giles	2/2/08
4 x 800	No Record		
Distance Medley	No Record		
Long Jump	23'3"	Nate Irvin	2001
Triple Jump	49' 4.5"	Staton Gibson	1/27/07
High Jump	7' 0.25"	Joel Mitre	1993
Shot Put	52' 5"	Derrick Kurkowski	2001
Weight Throw	55' 2.25"	Craig Wood	1/15/05

UCR TRACK & FIELD

All-Time Women's Indoor Top Performance List

60	7.80	Zikarra Beverly	2/14/04
200	25.29	Whitney Leachman	2/10/07
400	57.24	Uchechi Egeonuigwe	1/28/06
800	2:10.98	Tajma Stephenson	2/2/08
Mile	4:45.83	Brenda Martinez	2/10/07
3000	9:17.60	Brenda Martinez	2/16/08
5000	17:39.56	Celene Reyes	2/16/08
60 Hurdles	9.14	Mary Timm	2/1/03
4 x 400	3:45.03	Uchechi Egeonuigwe, Marina Young, Ashley Williams, Tajma Stephenson	2/16/08
4 x 800	No Record		
Distance Medley	11:29.34	Lisa Lopez, Uchechi Egeonuigwe, Tajma Stephenson, Brenda Martinez	1/26/07
Long Jump	5.54m/18' 2.25"	Lauren Reid	2/16/08
Triple Jump	12.29m/40' 4.00"	Allison Wilder	2/2/08
High Jump	1.69m/5' 6.5"	Jennifer Berman	1999
Shot Put	48' 1"	Evangela Dixon	
Weight Throw	18.28m/60' 0"	Syreetta Waller	2/03